



GRIEF SHARE*

Dear Friend,

No matter what the circumstances, grief recovery is a painful process. We are writing to let you know about a special seminar and support group that we will be sponsoring for people dealing with the loss of a family member.

We understand how deeply grief and loss hurt people and families, and we simply wanted you to know about our GriefShare group. It's a place where many people have found they can begin putting their lives back together again.

Each GriefShare session includes a video seminar featuring top experts on grief and recovery subjects. These videos also include on-location video and the real-life stories of people who have experienced losses like yours.

After viewing the video, you'll participate in a small group discussion about what you've seen on the video. You'll also have the opportunity to interact with others who have experienced a recent loss, learn about their experiences and have the opportunity to share your own.

GriefShare is a nondenominational group and features biblical teaching on grief and recovery topics. If you have family or friends who also have suffered a death in their family you may want to encourage them to join you. Our goal is not to get others to come to our church but to simply be a place where people who are in the grief process can come together and share and care for one another,

GriefShare will begin on Thursday, March 9 at 6:00 p.m. at First United Methodist Church at 1111 Downs Ave.

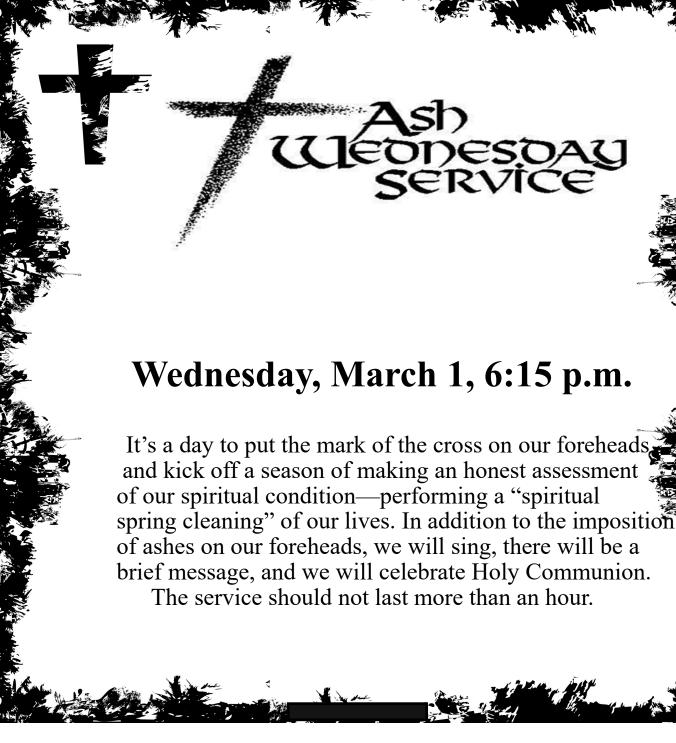
If you have any questions please contact the church office: 580-256-5515.

Sincerely, Karen Bell

Shannon Davis, Pastor

Debbie Harrington, Director of Children & Christian Education Kathy Harvey, Youth and Children Assistant Karen Bell, Director of Stephen Ministry & Congregational Care Marita Reichenberger, Director of Music Ministries Karen Stephenson, Organist Lori Servis, Pianist

256.5515 Fax 256.9590 Web page www.fumcwoodward.com



February 22, 2017

Jamison Rudd, Youth Pastor Lora Bayliff, Administrative Assistant Ann Laubhan, Financial Secretary Evelina Lopez, Custodian Michael Lewis, Audio-Visual Coordinator Lora Bayliff, Nursery Coordinator Shawna Grivich: Assistant Nursery Coordinator Rachel Andrews: Assistant Nursery Coordinator Phone

E-mail: fumc.woodward@sbcglobal.net

facebook.com/WoodwardFUMC



TOP TEN REASONS WHY YOU **SHOULD BE A STEPHEN MINISTER**

Reason # 5:

Stephen Ministers are caregivers, not cure givers

Stephen Ministers are **not** therapists or problem solvers; they are caregivers. Only God can bring about healing, forgiveness, and hope. Stephen Ministers are trained to listen and pray, to be reliable and non-judgmental, and to help care receivers express their feelings. Focusing on caring and not on curing means Stephen Ministers never pressure a care receiver to "get better". Stephen Ministers are there for as long as the process takes, and trust that God works in His own time to provide wholeness ..

If you are interested in finding out if Stephen Ministry may be the ministry for you please contact Karen Bell. We would like to start a new training class in the fall.

Please notice:

DivorceCare	Tuesdays	March 7
GriefShare	Thursdays	March 9



Wednesdays, March 1-April 12 Noon-1. Faith United Methodist Church

Keep Jesus' journey to the cross a central part of your week as the Woodward Ministerial Alliance will again be hosting noon services followed by a light lunch each Wednesday during Lent, which begins March 1. The service, which will be led by a different area pastor and church each week, will last no more than 30 minutes. That will be followed by a light lunch prepared by the same church. What a great way to worship with your fellow believers across the community!

HELP! PROJECT PATRICIA is coming to FUMC in March and you are needed!!!

Everyone is invited to participate in the 2017 Patricia Project at First United Methodist Church on Saturday, March 4th from 9 a.m. to 12 p.m. in the Fellowship Hall. Child care will be provided at the church, but the office needs to be notified in advance.

Come help us cut out sheeting and towels that will ultimately be sewn into reusable maxi pads for girls and women in Africa. Having no product to use during this time each month, leads to teenage girls missing school and many times this leads to dropping out.

Bring your scissors, bring your joy, bring a friend. We will cut, laugh, and enjoy a lunch together all while serving our awesome God. See you Saturday, March 4th!

For additional information, you may visit the following web site: www.projectpatricia.org

UMW Sunday March 5, 2017

The United Methodist Women welcome Rev. Derrek Belase as special guest speaker on UMW Sunday, March 5th. After 16 years serving in local churches, Rev. Belase was recently appointed the Director of Discipleship for the Oklahoma Annual Conference, responsible for helping churches make disciples in local settings. Local UMW members were moved by his sermons and his leadership when attending Mission U studies which Rev. Belase directed for several years. A lifelong Oklahoman, Derrek graduated from Carnegie High School, University of Central Oklahoma, Oklahoma City University, and St. Paul School of Theology. Mark your calendar for Sunday, March 5 when Rev. Belase will speak at both 8:30 and 10:50 Services.

Coming Late April 2016



The Andrew Paradigm What does an excellent follower of Christ look like?

New Worship Series



Dear Friend,

No matter what the circumstances, divorce recovery is a painful process. We want you to know about a special seminar and support group for people dealing with divorce.

DivorceCare is hard to do because it may open old wounds. We may have "stuffed" feelings so we could "go on" with our lives, but the scab still remained and the wound hasn't completely healed. When we revisit the wound and pick off the scab it still hurts. Until we do and completely deal with the pain, which is actually still there, we will never be able to completely get rid of the scah and heal. How great the scar that remains may depend on how willing we are to open ourselves to the pain again and continue the healing process by admitting what our true feelings are and then deciding what we want to do to heal.

- 1. We may need to be open to hear ideas or new ways of looking at things,
- to change.

By listening and sharing with others:

- made it through, encourages us that we can, too.
- journey. We may he their "beacon of light"
- 3. By helping others, we always help ourselves.

If you or someone you know is dealing with issues from a recent divorce or from a divorce suffered years ago but have not completely healed, please consider attending this seminar. We would encourage you to share this information with others who might benefit.

> **DivorceCare** Begins on Tuesday, March 7 at 6:00 p.m. First United Methodist Church For more information please contact the church: 256-5515

2. We may need to forgive where we don't really want to forgive or even think we

3. We may need to "change" some things about ourselves that we really don't want

1. We can get help from others who share their experiences. Hearing that they have

2. We can help someone else's healing who may not have come as far on their

FIRST UNITED METHODIST CHURCH

1111 Downs Avenue Woodward OK 73801

RETURN SERVICE REQUESTED

NURSERY NEWS

WE ARE SO EXCITED!

new assistant in our nursery!!!!!

Welcome Shawna!!!!

Nonprofit Organization **US POSTAGE** Woodward, Oklahoma

Birthdays

*f*onth

MISSION STATEMENT "TO MAKE DISCIPLES FOR IESUS CHRIST"



3/05 B.J. & Kim Williams 3/07 Jerry & Janis McAllister 3/11 Ton & Marsh Hoock Thomas & Angela Rhodes 3/15 Frank & Debbie Harrington Doug & Moira Waggoner

- 3/16 Russell & Cindy Brewer 3/25 Howard & Joyce Adams
- Larry & Carolyn Thornton

PRAYERS AND CONCERNS

Recent Hospital Stays; Marvin Reidlinger, Shawna Adams, Kathryn Upchurch, Pat Hamon

At Home: Lola Stevens, Gene Ackers, , Ramona Dauphin, Kathryn Upchurch, Betty Steenbergen, Roy Best, Bruce Stout,

In Nursing Homes or Care Facilities: Lahoma Grunewald, Bill Stout, Maxine Hammerstrom, Barbara Carr, Merrylou Pummel, Wilma Nelson, Faye Riddle, Harold Deever, Ernestine Gay, Hazel Gwin, Mickey Armstrong, Alford & Jolene Corcoran, Jim Robertson, Terry Groce, Wanda Stricker

Other: Our Troops and their Families

<u>Sympathy Extended to</u>: Mike Upchurch & Family (Father), Family of Bill Heaton, Family of Fern Day, Ed Kinney & Family (2 Uncles & 1 Aunt)

Prayer Requests: Our Prayer Team meets every Monday in the Library at 4:00 pm. You are invited to attend, or you may call the church office with specific prayer requests. (256-5515)

IPI	LES FOR JES	SUS CHRIS	
3/01	Bruce Stout 3/31	Emma Lewis	
3/03	Michael Sims	Leah Oaks	
	Tacy Hurst	Andrew Stewart	
	Larry Powers		
	Marcus Stephenson		
3/04	Pat McVicker		
3/05	Brianna Domnick		
3/06	Emalee Friend		
	Vi Jackson		
	Derek Mills		
3/07	Tim Bell		
	Garrett Owen		
3/08	Robert Solloway		
	Daxton Grunewald		
	Leslie Taylor		
	Gage Owen		
3/10	Jennifer Cockerham		

- Diane Oliver
- 3/11 Elizabeth Hall 3/14 Barbra Arnold
- Abbey Burnett
- Lottie Lynes Robyn Price
- 3/15 Marisa Endersby
- **B.J.** Williams
- 3/16 Ed Kinney
- 3/17 Matt Hyman
- Dian Martin 3/20 Jack Croisant
- Carolyn Riffel
- 3/21 Pricilla Mead
- 3/22 Elisa Dean Orphi Grunewald Reva Parker
- Jillian Sherman
- 3/23 Gentry Wilcox Larry Thornton
- 3/24 Gary Sweet
- 3/26 Wvatt Gunther
- Bill Leonard
- **Glennys Shillings**
- 3/27 Katherine Cockerham 3/30 Jolene Corcoran
- Vic Terbush

First United Methodist Church **UP COMING EVENTS** It seems crazy to be thinking of spring and summer events but it will be here before you know it. **Mark your calendars!** March 1 Ash Wednesday Service No FLOW Class but we will be available during the meal at 5:15 to do BIBLE BLAST. March 8 Last night for FLOW April 9 **Palm Sunday** (Children will wave palms.) **Easter Sunday** April 16 ALL CHURCH BRUNCH during **Sunday School and Easter Egg** Hunt for the children! June 5-10 VBS July 17-19 GROWIN' IN GRACE Camp for upcoming 3rd-5th graders July 22-23 SONSHINE Camp for upcoming 1st-2nd graders Plans are in the works for Vacation Bible School! This year it is scheduled to be June 5-10. We are looking for volunteers to help us with this endeavor. The theme for this year's VBS is Maker Fun Factory: Created by GOD Built For a Purpose. Please prayerfully consider helping with this worthwhile week. We need people in all areas. Please call Debbie at the church to volunteer your help! Or if I call you, please Dear First United Methodist Church Ladies, Just a quick

note to say thank you so much for the wonderful meal you prepared for our family prior to my Grandmother, Louise Cook's funeral. It was delicious! Also, thank you for the kind words, comfort and sympathy. I will miss her immensely. Thank you for everything you do. Regards, Alexis Combs, Brent, Mason, & Cameron

Dear FUMC, Thank you very much for the care package you sent me during finals week. It was very nice and came in handy when I needed a late night snack while studying, Sincerely, Harrison Riley

Dear United Methodist Women, Thank you all for thinking of me during finals/dead week! It really made my heart happy to know you were all hoping for my success. Thank you for all the yummy snacks & prayers. Love, Blaire Beauchamp



Ten years, that is correct ten years. Merrell Branstetter, David & Patty Neely, Bill & Mae Leonard have been delivering altar flowers to our shut-ins, hospital, and nursing home members for the past ten years. Thanks to Eldon & Janet Merklin(8 Years), Pam Rogers(6 years), Terry & Kaye Groce, Denny & Marion Hopkins, Katheryn Fanning, Marie Herzer, and Don & Carol Morris for their (5 years). Others who have delivered this year are Kathy Harvey, Riley & Ashley Fanning, Woody & Pat Hamon, Austin & Kendra Miller, Carolyn Riffel The entire church family is blessed by faithfulness.

With Great Appreciation, Yvonne Branstetter. Flower Ministry Coordinator

Dear FUMC,

Matt and I would like to express our heart-felt thank you for supporting the first annual Mountain of Food project. Your contributions helped to provide 7,000 food items to the food pantry. Your generosity will help feed members of our community that may have no where else to turn for a meal. Additionally, I would like to thank the Shield of Faith class for their instrumental assistance in moving the food from United to the church and then from the church to the pantry. This is Jesus' work. The project went better than we ever could have dreamed and couldn't have been so successful without all of you. Thank you again. We cannot wait to stock up the food pantry again next year!

Sincerely, Matt & Jessica Hyman

Thanks for the many Christmas cards I received from my church family. I do appreciate the fact I can hear the church service on radio since I have not been able to attend service. Also thank you for the beautiful flowers and the visit with Bill Leonard when de delivered them Wilma Nelson

Dear Church Family, Thank you Pastor Shannon for coming to our home before my surgery and praying with me. Also thank you Merrell & Yvonne for bringing the altar flowers to my home. I believe these prayers were very important in the very good outcome of my surgery. Ted Craighead