

FLOW

Finding Life on Wednesdays

Begins September 6

Hey, Kids!



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Wednesday Night F.L.O.W. Class for Pre-K thru 6th Grade

The activities for the children in PK-6th grade will include singing, games, and a lesson utilizing Science and the Bible. It will be a fun and meaningful evening! We also do Bible Blast during this time. You can read more about it in the Newsletter.

YOUTH FLOW.

All youth, grades 6-12, are invited to join Jamison in the youth room for a Bible study and some fun games. For the fall sessions, the youth will be taking a trip through the Gospel of Mark in a study titled "Soul".

Many Ways to



How can using your imagination and creativity enhance your prayer life? What about praying scripture, or attempting to pray all day as you continue normal activities? How can imagination or moving your body be incorporated into prayer? Shannon Davis will lead the group in learning and trying various forms of prayer that Christians have employed for hundreds of years. Veteran prayer warriors and those who struggle to pray will benefit from this class!

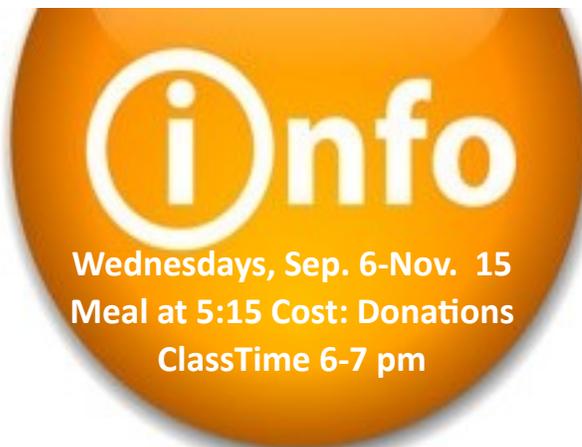


Christian Caregiving — Why Care?

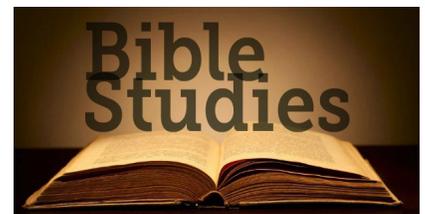
Do you ever feel uncomfortable talking about your faith, praying with others, or trying to comfort a friend? This study will challenge and equip you to care for others in a distinctively Christian way. We will learn how to be a caregiver by: learning good listening skills, helping people establish good boundaries, how to provide spiritual care, ministering to those who are grieving, learning how to forgive, and by learning about your own spiritual gifts. Karen Bell will teach this class.



Marita Reichenberger, our great choir director, leads our bell choir as they praise God through music.



Wednesdays, Sep. 6-Nov. 15
Meal at 5:15 Cost: Donations
ClassTime 6-7 pm



There's also usually separate bible studies for Men and Women that start up. Maybe you are the one to teach it!

**Suggested
Meal
Donation:
\$4/person,
\$15/family**



**I am the
way, the
truth, and
the life!
— Jesus**

Names (Please put names of all who plan to attend and which classes they plan to attend.)

Adults

Children and Youth (Please note age/grade.)

Phone Number and Email

Please include this form and any cost due to the church or call the office to sign up!

Nursery is available for children from birth to 3 years old. Please note name and age on form. Thanks!